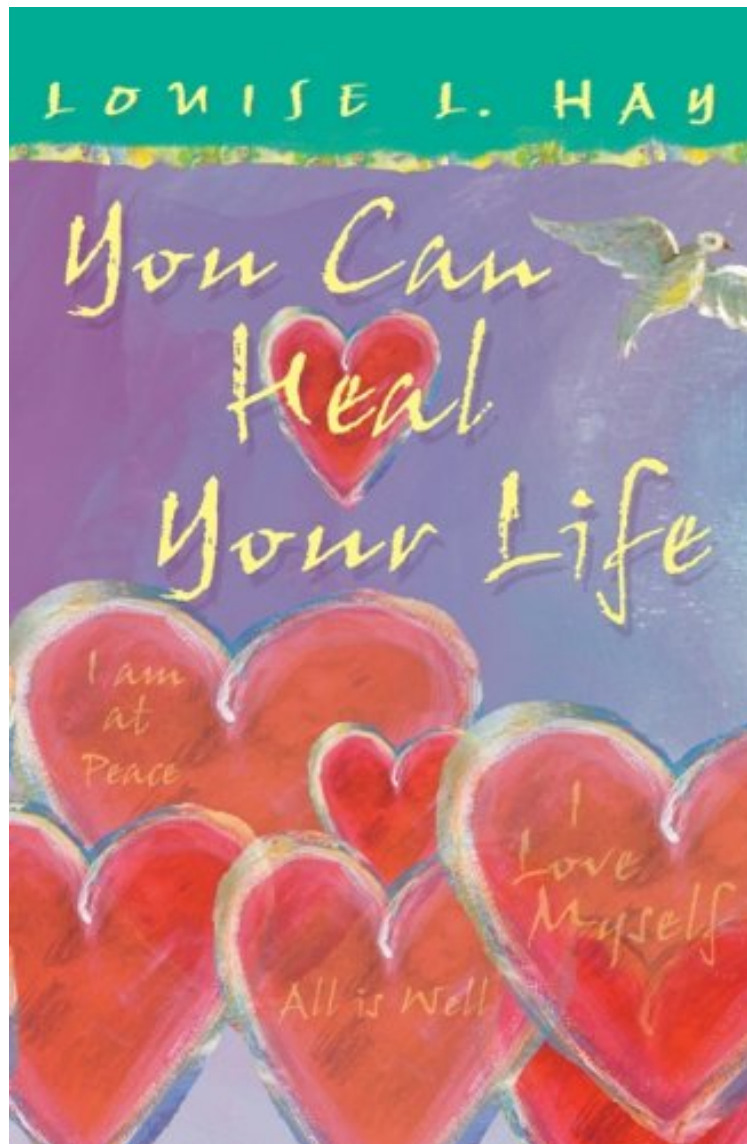


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You Can Heal Your Life (Gift Edition)

Von Louise L. Hay

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Von Louise L. Hay : You Can Heal Your Life (Gift Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised You Can Heal Your Life (Gift Edition):

Kurzbeschreibung Louise L. Hay, bestselling author of *You Can Heal Your Life*; is an internationally known leader in the self-help field. Her key message is: "If we are willing to do the mental work, almost anything can be healed." The author has a great deal of experience and firsthand information to share about healing, including how she cured herself after being diagnosed with cancer. Kurzbeschreibung *You Can Heal Your Life - The Movie* is bestselling author Louise L. Hay's life story. In this inspirational DVD, Louise Hay offers profound insight into the relationship between the mind and the body. Exploring the way that limiting thoughts and ideas control and constrict us, she offers us a powerful key to understanding the roots of our physical diseases and discomforts. Louise Hay's teachings have transformed the lives of millions of people, this DVD highlights her charity work and support groups with sufferers of AIDS and how she cured herself of cancer by putting her own philosophies into practice with the use of positive affirmations, psychotherapy and nutritional cleansing. This long awaited DVD features interviews with renowned authors and teachers Wayne Dyer, Esther and Jerry Hicks, Doreen Virtue, Gregg Braden and many others who have been influenced by Louise's ideas of the impact that the mind has on our health and well-being..deIf you haven't seen Hay House's *Lifestyles* series of gorgeous gift books, there is no better way to acquaint yourself than with publisher/author Louise Hay's *You Can Heal Your Life*. A bestseller for many years, *You Can Heal Your Life* has been republished with bright, beautiful illustrations in full, living color and exquisite typography--each and every page is a work of art by artist Joan Perrin Falquet. The timeless message of the book is that we are each responsible for our own reality and "dis-ease." Hay believes we make ourselves ill by having thoughts of self-hatred. She includes a directory of ailments and emotional causes for each with a corresponding affirmation to help overcome the illness. For example, the probable cause of multiple sclerosis is "mental hardness, hard-heartedness, iron will, and inflexibility." The healing "thought pattern" would be: "By choosing loving, joyous thoughts, I created a loving joyous world. I am safe and free." --P. Randall Cohan