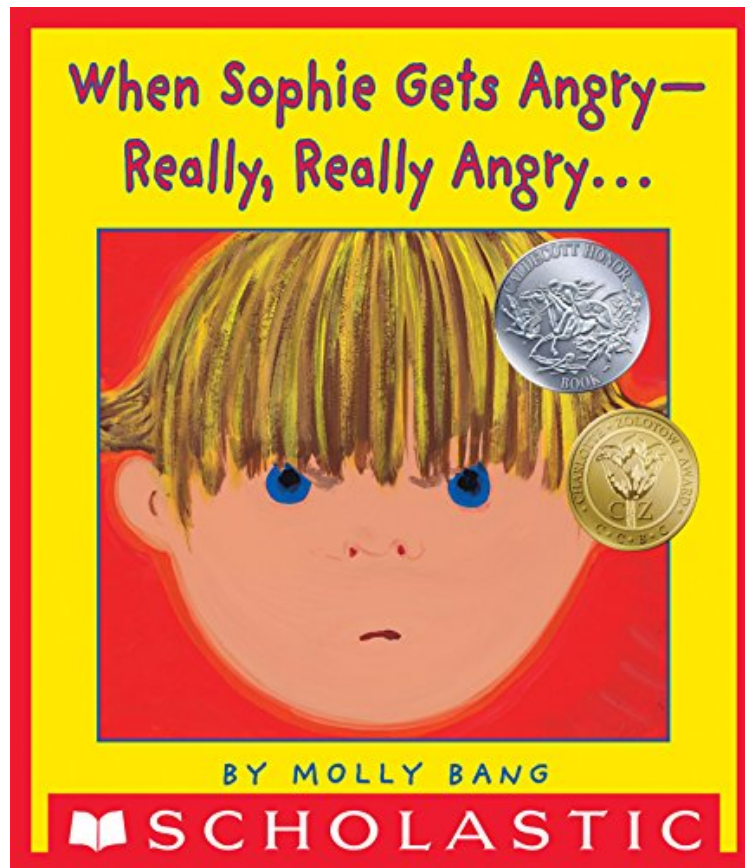


[Download pdf] When Sophie Gets Angry--Really, Really Angry...

When Sophie Gets Angry--Really, Really Angry...

Von Bang

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Von Bang : When Sophie Gets Angry--Really, Really Angry... before purchasing it in order to gage whether or not it would be worth my time, and all praised When Sophie Gets Angry--Really, Really Angry...:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Pure Rage . . . Safely VentedVon Donald MitchellWhen a young child gets frustrated, uncontrolled rage often follows. How can a parent help? I suggest reading this book together and discussing it while your child is in a good mood.When Sophie Gets Angry was a Caldecott honoree for its remarkable illustrations in 2000. These illustrations combine the styles of Van Gogh, Gauguin, and Matisse in a vivid, bright, and effective way.The book uses the metaphor of a "volcano, ready to explode" very effectively. Geologists would point out that a volcano without vents will explode as the water in the cone turns to steam with no place to go. With vents, all you get is a cloud of steam and gentle lava flows. Ms. Bang uses three illustration techniques to maximum advantage. First, she colors the page with the emotion Sophie is feeling. Second, she turns Sophie's words into physical expressions within the metaphor. Third, she changes her composition to show the transition that Sophie feels as she moves from within herself into touch with the world around her again.My favorite two images in the book are when she first arrives at an old beech tree that she climbs into. The second has her sitting in the same tree while "the wide world comforts her."This is one of the ten best

illustrated children's books it has been my pleasure to view. I come to this conclusion based on the excellence of the style, the appropriate use of color, the fit with the story, and superb compositions. The quality is uniformly high in all these dimensions. The story itself deals with a typical cause of childhood rage -- being asked to share when a child doesn't want to. Mom takes Sophie's sister's side, and then Sophie falls over a truck . . . hurting herself. That fans the flames! "She wants to smash the world to smithereens." "She roars a red, red roar." Then Sophie does a positive thing. Rather than simply throwing a nonstop tantrum, she takes charge of managing her emotional state. Her reaction is to run. "She runs and runs and runs until she can't run anymore." "Then for a little while, she cries." At that point, she begins to come out of herself and her rage. I liked the use of this method for handling anger, because researchers show that by changing our physiology we can change our mood. Also, exercising releases stress and anger. Sophie's family lives near the seashore, so Sophie goes to a peaceful spot . . . where she has found solace before. I think this is an excellent example for your child, suggesting that a child find a place where she or he can be quietly alone where he or she finds peace. This can be a good place to visit, even when the child isn't angry. Then Sophie comes home. "She feels better now." "The house is warm and smells good." "Everyone's glad she's home." So there are no further consequences except feeling loved. This is a marvelous way to encourage a child to take care of their emotions in ways that keep an even balance in family relations. The messages that a child will get from this book are that anger is a natural reaction to everyday situations, that the anger can be defused by the child's own actions, and that this can all occur in a loving environment. For a parent, it is easier to talk about Sophie's anger than your child's anger. But you can certainly ask your child what she or he thinks about Sophie's anger . . . and what Sophie should do. You can also ask your child if he or she has a favorite peaceful spot. You can also describe when you feel angry, and what you do about this. As a result, your child can begin to understand that there are multiple paths to defusing anger. Please be aware that Sophie runs to a quiet place, not away from home. Certainly, you don't want your child to run away from home when angry. If you live in a small apartment, the quiet place may be a cozy corner in a room in the apartment near a window looking out on the beauties of nature. That's why you will want to have a discussion about appropriate quiet places. Move toward peacefulness!

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toward peacefulness!0 von 0 Kunden fanden die folgende Rezension hilfreich. Outstanding book that helps to validate children's feelingsVon Ein KundeThis is one of our absolute favorite books. I have given it as a gift to many friends upon the birth of a sibling or a sad family event such as parental separation. It's so important for children to know that anger itself is OK and that there are appropriate ways to defuse it that don't hurt others. Even as adults we can use the visually compelling reminders that physical exertion, time alone and being in nature can help to soothe angry or hurt feelings. As for the fact that Sophie runs out of the house, I have only two comments: (1) children, especially small ones, are probably better able than adults to grasp metaphor (my children have read this book hundreds of times and never attempted to leave the house alone); (2) Sophie is a big girl living in a safe seaside area and is apparently quite well able to handle leaving the house alone. We should all be so lucky. Completely agree with one reviewer's observation that the change in colors in the book, particularly in the outlines of trees and figures, is a wonderful way of reinforcing the message that feelings can change and become manageable. One of my all-time favorites!

Kurzbeschreibung"Oh is Sophie ever angry now!"Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott-honor book, kids will see what Sophie does when she gets angry. What do you do?Pressestimmen"Bang's strong, nonproscriptive acknowledgment of a feeling most children will recognize will be welcomed."A Caldecott Honor BookCharlotte Zolotow Award "Bang's evocatively illustrated book suggests no quick fixes; she treats childhood emotions with respect." -- Publisher's Weekly "Excellent." -- School Library Journal "Bang captures the intensity of Sophie's feelings with strong, broadly brushed forms and colors: images of flames and a volcano; blue eyes glaring up from a red background that looks as if it's exploding; then harmonious, leafy greens and browns; and concluding scenes of domestic amity....Sophie finds a way to cope with her anger, quite laudably, without a helping adult hand." -- Kirkus sKurzbeschreibung"Oh is Sophie ever angry now!"Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott-honor book, kids will see what Sophie does when she gets angry. What do you do?