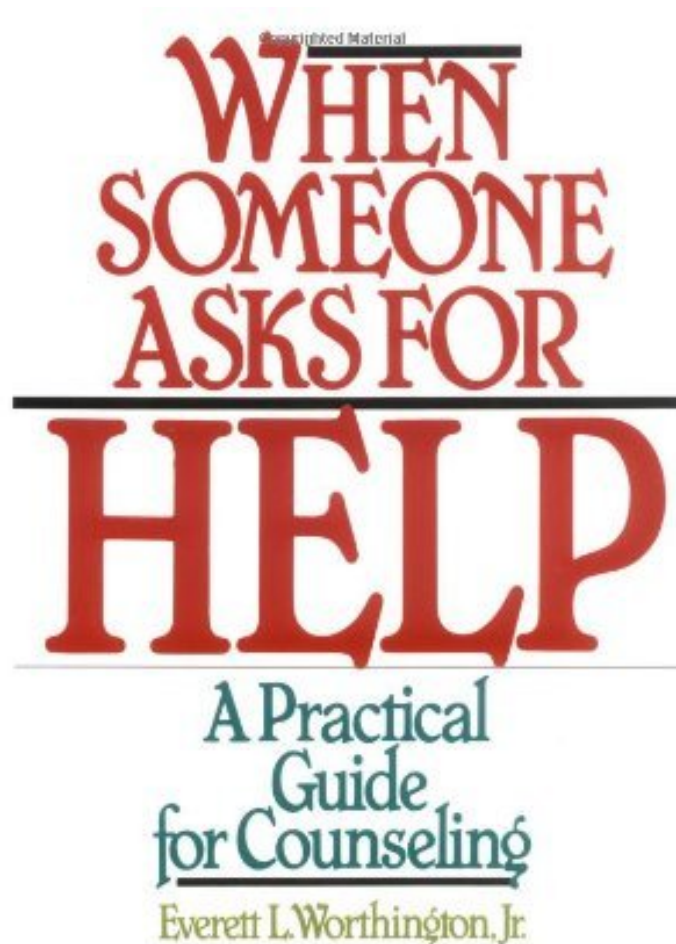


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When Someone Asks for Help: A Practical Guide for Counseling

Von Everett L. Worthington Jr.
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Von Everett L. Worthington Jr. : **When Someone Asks for Help: A Practical Guide for Counseling** before purchasing it in order to gage whether or not it would be worth my time, and all praised When Someone Asks for Help: A Practical Guide for Counseling:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Good introduction for Christian lay counselors.Von gdvI am a clinical psychologist and I have used this book for 15 years in

my training of lay counselors at my church. It starts with the premise that psychology and Christian faith can be integrated in counseling to more effectively help people. It covers some basic counseling skills and cautions, and presents a 5-stage problem management model that is applicable to most situational and some chronic difficulties that people commonly struggle with. It provides a good introduction to counseling and illustrates the process through a nice case example that runs through the book; however, it is not sufficient for training lay counselors by itself. I use Worthington and a book by Kenneth Haugk (CHRISTIAN CAREGIVING: A WAY OF LIFE) to supplement my main text, Gerard Egan's highly successful college upper division or beginning graduate level text (THE SKILLED HELPER), now in its 6th edition. Worthington's 5-stage model is easily integrated with Egan's 3-stage model; however, Worthington is written at a nonprofessional level while Egan is clearly more academically and professionally oriented. ALL of my lay counselors over the years have enjoyed Worthington and Haugk (also nonprofessional), but some with only high school or limited college education have struggled a bit with Egan.

Kurzbeschreibung "I have a problem. . . . Could you help me?" Ever hear this plea over lunch or late at night in a dormitory? Someone has come to us for help. "Who, me?" we blurt out and then frantically think, "What can I say? How can I help?" Everett Worthington guides us as we respond to just situations. First he explains what Christian helping really is, what causes problems and how they can be solved. Then he takes us step by step through the five stages of counseling, from understanding what's going on to helping people work through their problems. Throughout, he describes the delicate dynamics of moving into a helping relationship, providing aid, then moving back into the give-and-take of friendship. Here is a book to help Christians put love into action through bearing other people's burdens.

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ber den Autor und weitere Mitwirkende Everett L. Worthington Jr. (Ph.D., University of Missouri) is professor of psychology at Virginia Commonwealth University. He is a licensed clinical psychologist and former executive director of the Templeton Foundation's A Campaign for Forgiveness Research. Worthington has studied forgiveness since the 1980s and has published more than two hundred articles and papers on forgiveness, marriage and family, psychotherapy and virtue in a wide variety of journals and magazines. He was the founding editor of Marriage and Family: A Christian Journal and sits on the editorial boards of several professional journals. He has appeared on Good Morning America, CNN and The 700 Club and been featured in award-winning documentary movies on forgiveness such as The Power of Forgiveness and The Big Question. He is the author of seventeen books including Handbook of Forgiveness, Hope-Focused Marriage Counseling and Forgiving and Reconciling.