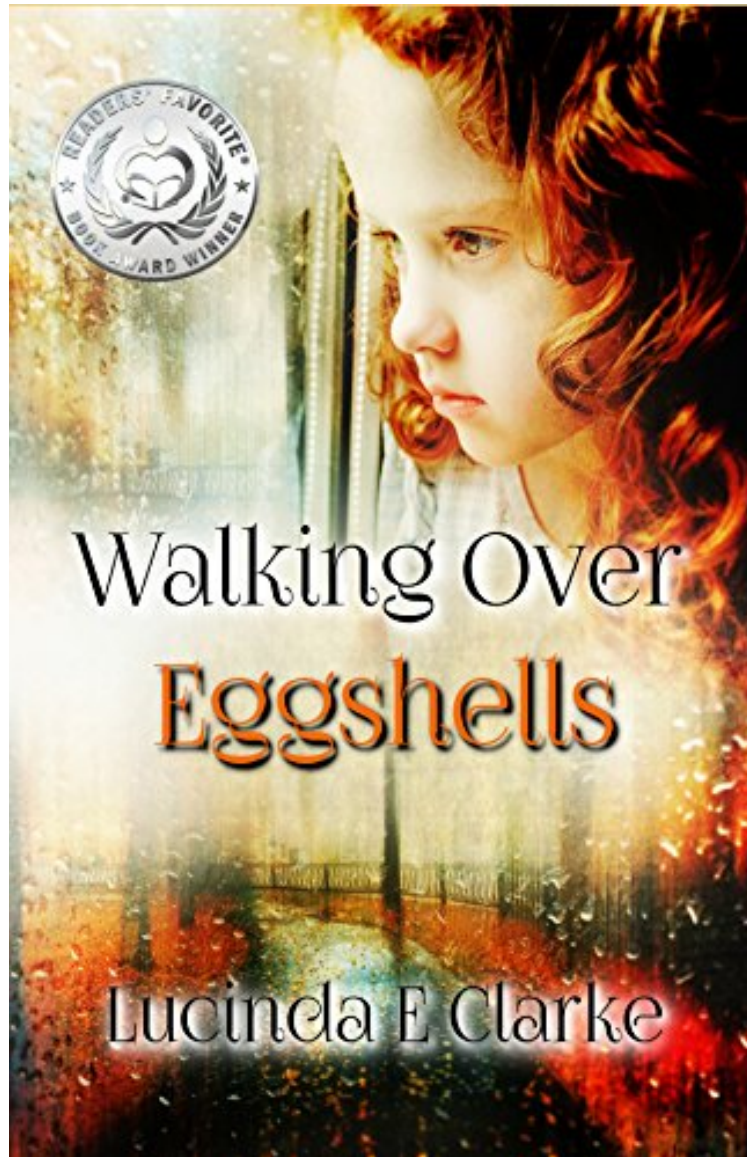


(Mobile ebook) Walking Over Eggshells: Surviving Mental Abuse (English Edition)

Walking Over Eggshells: Surviving Mental Abuse (English Edition)

Von LUCINDA E CLARKE

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Von LUCINDA E CLARKE : Walking Over Eggshells: Surviving Mental Abuse (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Walking Over Eggshells: Surviving Mental Abuse (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. This book will take you on a roller-coaster ride of emotions.Von Lizzie DeeIve just finished Walking Over Eggshells by Lucinda E. Clarke and am happy to post this review and support the author.Well, what can I say! The full five stars are

fully deserved as Lucinda has entertained me for hours with her adventurous life of ups and downs. When I started this book, I initially thought it was going to be a typical poor-ole-me, look how my mother mistreated me kind of book. But now that I've finished it, I see how essential the beginning is to the whole story and how our beginnings can impact our entire lives. I'm thinking of the hardy little delicate flowers that thrive in the rocks and show their beautiful selves, fighting their way to the light despite not having a good fertile ground upon which to grow. They battle rough winds and do not have the shelter of strong trees to protect them. Or the pansies and violas that are winter-hardy, fluttering their soft petals and showing us their resilience through the snow and frost. This is how I see the author's life. In a spiritual sense, she has had such a rich life, pushing through boundaries, even if it was never a conscious decision to do so. This book will take you on a roller-coaster ride as you follow the author's story, the countries in which she has lived and the often incredible challenges she has faced and overcome. What a ride. The thread weaving through the entire story is the search for her mother's approval. And while I read it, cheering her all the way and amazed at all she has achieved, I was horrified at her mother's behaviour. Lucinda deserves to be proud of herself. Most of us would be thrilled to have achieved as much as she has and to have painted their canvas with such rich colours. The writing flows so easily, and I'll be surprised if you can put the book down.

Kurzbeschreibung Walking Over Eggshells is an autobiography that tells the story of a mentally abused child, who married a "Walter Mitty" clone. They moved from England to Kenya, from Libya to Botswana and on again to South Africa. It took all her courage to survive in situations that were at times dangerous, sometimes humorous, but always nerve wracking. She had a variety of jobs, different types of homes, and was both a millionairess and totally broke. She met royalty, hosted ambassadors, and won numerous awards for her writing and television programs. She also climbed over garbage dumps, fended off bailiffs, and coped being abandoned in the African bush with a seven-week-old baby with no money or resources. She admits to being the biggest coward in the world, but her survival instincts kicked in and she lived to tell her story. This book will make you laugh and cry and hopefully inspire others who did not have the best start in life either. All names have been changed to protect both the guilty and the innocent - and that includes the author as well!

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ber den Autor und weitere Mitwirkende From a very early age, Lucinda E Clarke always wanted to write, but was ordered to "get a proper job." Journalists were required to drink their targets under the table to get a story she was told, and alcohol doesn't agree with her! So she dutifully trained as a teacher, and has taught in seven different countries - from primary school infants to lecturing adults in Technical College. After suffering a mentally abusive childhood, Lucinda had little defense against the Walter Mitty aspirations of the man she married. They moved from country to country, usually one step ahead of the creditors. Eventually Lucinda found the courage to leave him and began to write and write and write. She graduated from radio, to television and then ran her own video production company, winning over 20 awards along the way. She has known great wealth and dire poverty, and has learned many valuable lessons, but what saved her sanity, was an unquenchable sense of humour, and lots and lots of hard work. After more than 30 years in Africa, she now lives in Spain with her second husband, her children at a safe distance and no animals at all. She writes a satirical column for a local publication and gives talks to special interest groups, particularly on history which is her second love - her husband comes first of course! She is still working on getting into the Cruise Ship Industry as a speaker, as she can't afford to pay the full price for exotic holidays.