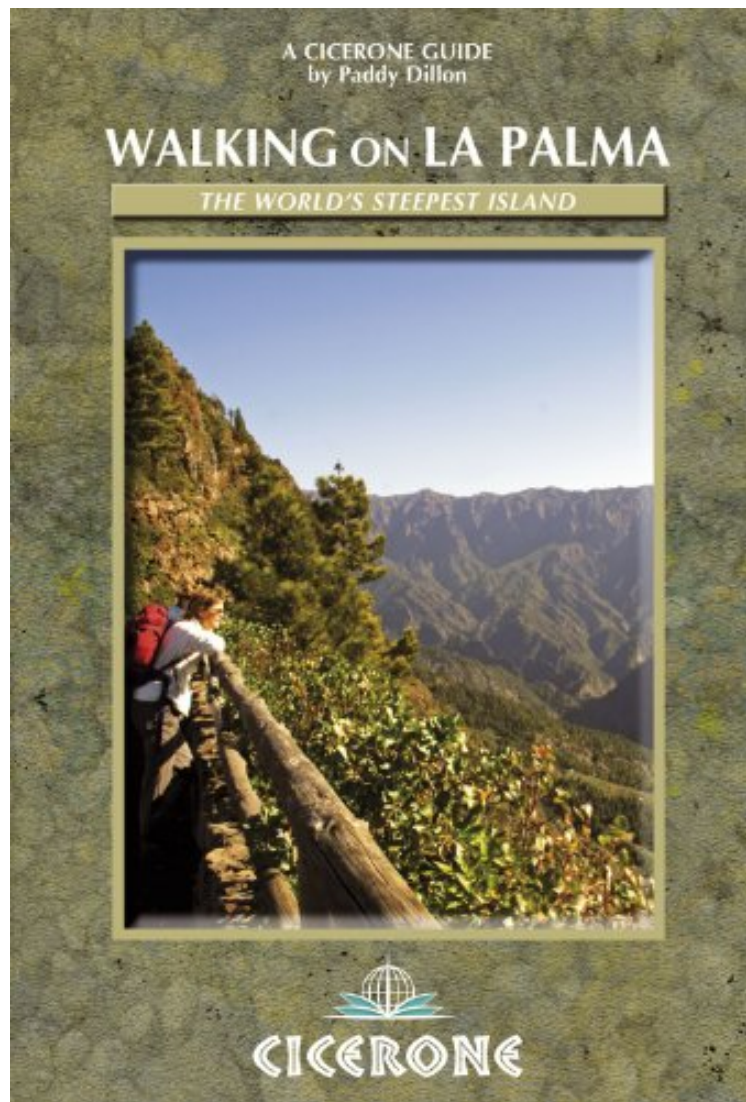


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## Walking on La Palma: 45 day walks including the GR130 and GR131 on the world's steepest island (Cicerone Guides)

Von Paddy Dillon

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empfehlen Von Anna Das ist ein sehr gutes Buch! Wir haben 6 unterschiedliche Wanderwege ausprobiert. Die Beschreibung und Hinweise sind immer hilfreich. Werde noch weitere Bücher von dem Autor kaufen für unsere nächste Urlaub.

**Kurzbeschreibung** Walking guide to La Palma in the Canary Islands, describing 45 day walks and sections of the waymarked, long-distance trails GR130 and the GR131 around all the islands. Despite its small size, there are routes of all types - from easy strolls to hands-on scrambling, from simple day walks to long distance treks. The dramatic volcanic landscape of La Palma, reputed to be one of the steepest islands in the world, is little-known outside the Canaries, but offers an ideal winter walking destination for walkers of most abilities featuring rocky treks and mountain paths on the steepest island in the world. Lots of background information on geology, wildlife, plants and flowers as well as practical information on accommodation, currency and language.

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**über den Autor und weitere Mitwirkende** Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.