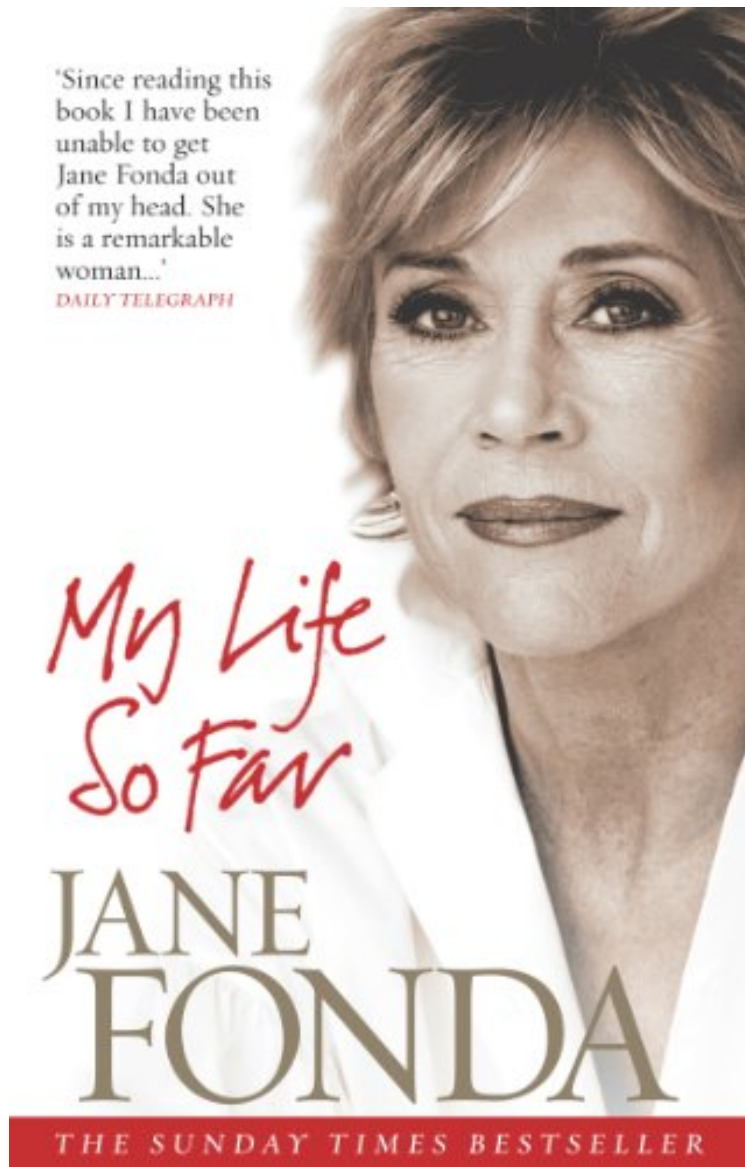


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## My Life So Far

Von Jane Fonda

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**Von Jane Fonda : My Life So Far** before purchasing it in order to gage whether or not it would be worth my time, and all praised My Life So Far:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Great BiographyVon Henry11In her Biography My Life so far, Jane Fonda was able to explain her actions during the Vietnam War and I think many people need to take her point of view into account instead of bashing her endlessly.

Otherwise, it was interesting to see how her relationship with many prominent figures was like, especially the relationship towards her famous father. 2 von 7 Kunden fanden die folgende Rezension hilfreich. Evaluation 090117 Von Hubert Reisinger If you are interested in a good, touching story, if you want to learn more about the way how we human beings protect ourselves from harm, if you want to see ways to find yourself in spite of the armor which protects you, read this book. 11 von 12 Kunden fanden die folgende Rezension hilfreich. Candid confessions of a female icon Von Cathy Earnshaw I think the most positive thing about this book is Jane Fonda's revelation that she, like so many women of her generation, has forever been entrenched in the classic father-daughter drama: "All my life I had been a father's daughter, trapped in a Greek drama, like Athena, who sprang fully formed from the head of her father, Zeus - disciplined, driven." She admits to spending her lifetime swimming in the slipstreams of men - first siding as a child with her famous dad (the back flap has a picture of her intently gazing at him whilst he looks away), following him into the acting business, then taking shelter in a series of marriages with powerful, awe-inspiring men. In each relationship she seemed to take on a new self, engaging in threesomes with prostitutes to please French director Roger Vadim, morphing into a political fundraiser for Democrat Tom Hayden and becoming a careerless, corporate wife with breast implants for media mogul and ex-Republican Ted Turner. This is what she diagnoses as "the disease to please", which leads women to dissociate their heads from their bodies and to subjugate themselves to oppression so as to retain the love of their men. But just when you think a clear feminist narrative and a whole, integrated identity are managing to emerge, Fonda goes and throws herself down at the altar of the fathers of patriarchy in the third act of her life and embraces Christianity, whilst simultaneously preaching of the importance of "leaving the father's house". This is just one of many paradoxes to Jane Fonda. She seems to have spent most of her life ricocheting between radical poles of behaviour like a true chameleon: fitness queen in lycra with a huge empire (17 million videos sold! They're coming out on DVD soon!) and engaged feminist; protesting against the Vietnam war whilst remaining pro-soldier and expressing patriotic sentiments about her country; dropping the politics after the war to return to the Hollywood industry, and so on. For me, her autobiography became a pull between empathy and irritation: just as she starts to annoy with her narcissistic obsession with herself and naivety, she then manages to undersell her acting achievements. There are in fact many moments of profound sadness: the violent suicide of her mother when she was 12, her frustrated relationship to her father, the eating disorders and Dexedrine dependency, and the emotional impotence of her husbands. Through all this she remains generous and honest. That's what stands out at the end of the near-600 pages of her book: the exuberant force of her candour but also the crucial importance of practising and integrating what you preach to embody an authentic and centred identity and move into a freer, more conscious life.

Kurzbeschreibung "There are always regrets in life, among them things we've done that we wish we could take back and erase. I have significant ones that will haunt me forever and which I hope I have been brave enough to confront in this book" Jane Fonda in the preface to *My Life So Far*. Now in her 60s, Fonda looks back over her life but also forward to the future. With unflinching honesty she addresses, amongst other things, her tragic and tortured relationships with her mother and father; her lovers and husbands, from Roger Vadim to Ted Turner; her passions and political views. The result is rare in its readability and sheer page-turning force. This is a powerful account of an extraordinary woman. de One of the most recognizable women of our time, America knows Jane Fonda as actress, activist, feminist, wife, and workout guru. In her extraordinary memoir, Fonda divides her life into three acts: her childhood, early films, and first marriage make up act one; her growing career in film, marriage to Ted Turner, and involvement in the Vietnam War belong to act two; and the third act belongs to the future, in which she hopes to "begin living consciously," and inspire others who can learn from her experiences. Fonda reveals intimate details and universal truths that she hopes "can provide a lens through which others can see their lives and how they can live them a little differently." Exclusive Letter from Jane Fonda