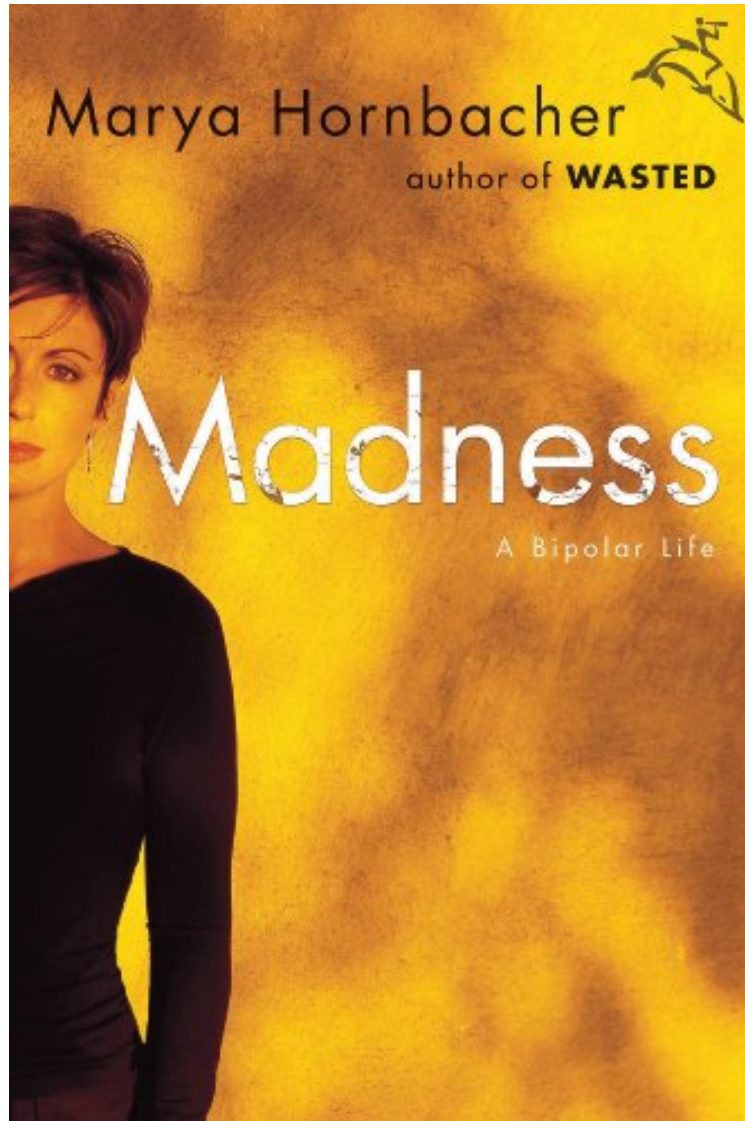


(Mobile library) Madness: A Bipolar Life

Madness: A Bipolar Life

Von *Marya Hornbacher*

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Von Marya Hornbacher : Madness: A Bipolar Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Madness: A Bipolar Life:

KundenrezensionenHilfreichste Kundenrezensionen1 von 8 Kunden fanden die folgende Rezension hilfreich. Wrde es gern in Deutsch lesenVon doreen foersterIch habe bersehen, dass das Buch in Englisch geschrieben ist-lsst sich trotz Englischkenntnisse nur beschwerlich lesen- in Deutsch kme ich schneller voran0 von 0 Kunden fanden die folgende Rezension hilfreich. incredible readVon 7LuxGreat book, hard to put down. I love the writing style and I would

definitely recommend this book, it's like going on a rollercoaster ride. She has quickly become one of my favorite authors. 3 von 5 Kunden fanden die folgende Rezension hilfreich. Fascinating account. Von F.Z. Having read other books by the author, this one was a must-read for me, and I was not disappointed in the least. "Madness" is extremely well written and captivated my interest until I had finished reading it.

Kurzbeschreibung An astonishing dispatch from inside the belly of bipolar disorder, reflecting major new insights. When Marya Hornbacher published her first book, *Wasted: A Memoir of Anorexia and Bulimia*, she did not yet have the piece of shattering knowledge that would finally make sense of the chaos of her life. At age twenty-four, Hornbacher was diagnosed with Type I rapid-cycle bipolar, the most severe form of bipolar disorder. In *Madness*, in her trademark wry and utterly self-revealing voice, Hornbacher tells her new story. Through scenes of astonishing visceral and emotional power, she takes us inside her own desperate attempts to counteract violently careening mood swings by self-starvation, substance abuse, numbing sex, and self-mutilation. How Hornbacher fights her way up from a madness that all but destroys her, and what it is like to live in a difficult and sometimes beautiful life and marriage -- where bipolar always beckons -- is at the center of this brave and heart-stopping memoir. *Madness* delivers the revelation that Hornbacher is not alone: millions of people in America today are struggling with a variety of disorders that may disguise their bipolar disease. And Hornbacher's fiercely self-aware portrait of her own bipolar as early as age four will powerfully change, too, the current debate on whether bipolar in children actually exists. Ten years after Kay Redfield Jamison's *An Unquiet Mind*, this storm of a memoir will revolutionize our understanding of bipolar disorder.