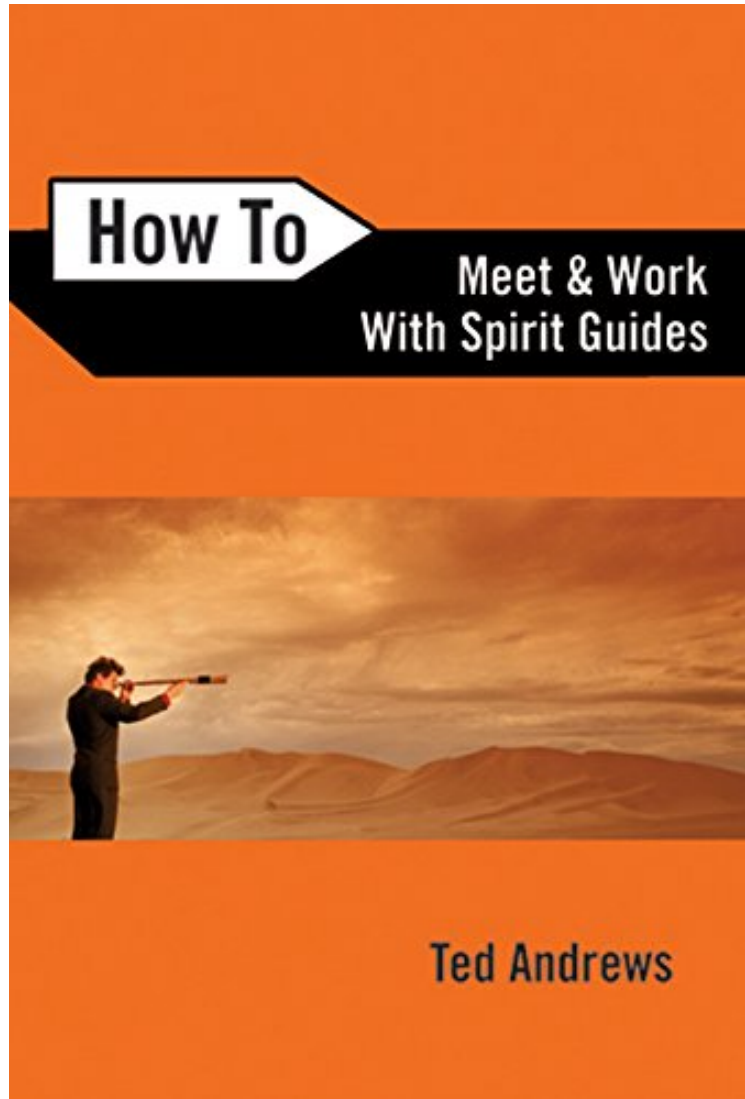


[Ebook free] How To Meet and Work with Spirit Guides (How To Series)

## How To Meet and Work with Spirit Guides (How To Series)

Von Ted Andrews

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**Von Ted Andrews : How To Meet and Work with Spirit Guides (How To Series)** before purchasing it in order to gage whether or not it would be worth my time, and all praised How To Meet and Work with Spirit Guides (How To Series):

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich.  
Engrossing Read, Simple ExercisesVon Peter UysWhat an addictive read, straightforward and easy to understand, dealing with the types of spirit guides, the middle pillar and mystic marriage exercises, fragrances that attract guides, a fascinating section on the guardian angels with their symbols, sounds and colours plus sections on nature spirits (those

gorgeous little sprites, sylphs, salamanders gnomes) and animal totems. I happened to be reading Robert Anton Wilson's Cosmic Trigger Vol. 1 at the same time and found full confirmation there of at least one type of nature spirit. I found the book so engrossing that I didn't stop long enough to properly do the exercises so I cannot at this stage confirm whether they really work in establishing communication - once or twice I did get a feeling of otherworldliness though, when doing the mystic marriage. But merely reading it certainly raises one's awareness. This volume is well illustrated to explain the exercises, energy bodies plus the aforementioned symbols of the archangels. Includes a bibliography for further reading. I recommend the book strongly since it encapsulates all the necessary information in one place, whereas other self-help books carry only bits and pieces.4 von 4 Kunden fanden die folgende Rezension hilfreich. Spirit Guides and ArchangelsVon Ein KundeYou always can enjoy the books of Ted Andrews and this one is no exception. The book is influenced a lot by the Kabbala, but there are also other ways with the same result which are unfortunately not mentioned. A big surprise was the Guardian Angel = Archangel part of the book. A Guardian Angel for a human in an everyday situation is normally no Archangel, but sometimes can be one if this human should be trained to become a master or teacher. The best is to ask the archangel to forward oneself to one's guardian angel, what they probably would do anyway. A nice book for solitary beginners who are interested in the Kabbala and want to get in contact with spirit guides.0 von 0 Kunden fanden die folgende Rezension hilfreich. Simple, concise and very practicalVon EvertothAll of Andrew's How To books are great- this one looks at how to meet and work with spirit guides- he takes a very practical approach to the subject and gives several exercises to open up communication- I have tried these exercises and they are powerful and effective- I also enjoyed the simple and straightforward approach of the book to the subject

KurzbeschreibungEach of us can benefit from contact with the spiritual realm, and we often do so without realizing it. Spirit guides serve many roles and take many forms of expression within our lives. They inspire creativity and insight, help open us to abundance, protect us, and serve as our companions. In How To Meet and Work with Spirit Guides, popular author Ted Andrews teaches you simple and effective techniques for establishing rapport with your angels and guides. Explore meditation, divination, fragrance, crystals, and other ways to connect with spirit helpers, and enjoy the many gifts and learning opportunities gained by working with: Guardian angels Spirit guides Loved ones in spirit Animal totems Nature spirits Fairies KurzbeschreibungEach of us can benefit from contact with the spiritual realm, and we often do so without realizing it. Spirit guides serve many roles and take many forms of expression within our lives. They inspire creativity and insight, help open us to abundance, protect us, and serve as our companions. In How To Meet and Work with Spirit Guides, popular author Ted Andrews teaches you simple and effective techniques for establishing rapport with your angels and guides. Explore meditation, divination, fragrance, crystals, and other ways to connect with spirit helpers, and enjoy the many gifts and learning opportunities gained by working with: Guardian angels Spirit guides Loved ones in spirit Animal totems Nature spirits Fairies Synopsis According to the author of this text, we often experience spirit contact in our lives but fail to recognize it for what it is. As a solution, this book shows how to access and attune to beings such as guardian angels, nature spirits and elementals, spirit totems, archangels, gods and goddesses, as well as family and friends after their physical death.