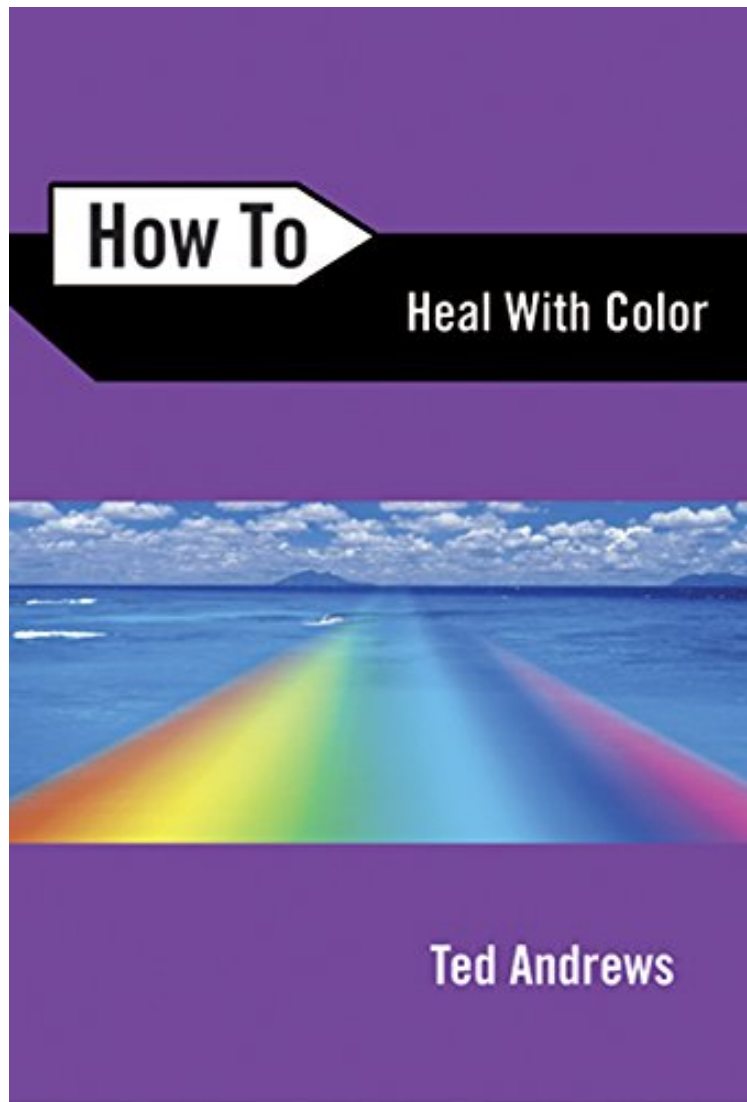


(Free) How to Heal with Color (How To Series)

## How to Heal with Color (How To Series)

Von Ted Andrews

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**Von Ted Andrews : How to Heal with Color (How To Series)** before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Heal with Color (How To Series):

KurzbeschreibungEveryone is affected by color. We use colors to describe our physical health, our emotions, even our

spiritual experiences. Now you can learn how to use color to restore health and balance energy. Popular author Ted Andrews presents an effective system for developing your innate healing skills, including a chart that lists the beneficial colors for over fifty physical conditions. With this easy-to-follow guide, you will learn the basics of color healing, why it works, and simple techniques for healing yourself and others using colored lights, candles, cloths, and charged water. Discover how to: Use color to balance and restore your energy Determine which colors you need using simple assessments Project and absorb the healing properties of color Develop the ability to "sense" color with easy, fun exercises KurzbeschreibungEveryone is affected by color. We use colors to describe our physical health, our emotions, even our spiritual experiences. Now you can learn how to use color to restore health and balance energy. Popular author Ted Andrews presents an effective system for developing your innate healing skills, including a chart that lists the beneficial colors for over fifty physical conditions. With this easy-to-follow guide, you will learn the basics of color healing, why it works, and simple techniques for healing yourself and others using colored lights, candles, cloths, and charged water. Discover how to: Use color to balance and restore your energy Determine which colors you need using simple assessments Project and absorb the healing properties of color Develop the ability to "sense" color with easy, fun exercises ber den Autor und weitere MitwirkendeTed Andrews (1952-2009) was an award-winning author and deeply respected teacher in the metaphysical and spiritual fields. Through his seminars, symposiums, workshops, and lectures, he was committed to making esoteric material comprehensible and practical for everyone. Ted Andrew's many gifts included clairvoyancy, aura interpretation, past-life analysis, dreams interpretation, numerology, and Tarot. He wrote many books on these subjects, but is best known for his work with animal mysticism and for his bestselling *Animal Speak: The Spiritual Magical Powers of Creatures Great Small*. Certified in basic hypnosis and acupressure, Andrews was also involved in the study and use of herbs as an alternative path in health care, focusing strongly on esoteric forms of healing with sound, music, and voice. In addition to his interest in metaphysics, Ted was a trained pianist and often used the Celtic harp, bamboo flute, shaman rattles, Tibetan bells, Tibetan Singing Bowl, and quartz crystal bowls to create individual healing therapies and induce higher states of consciousness. Ted Andrews is the author of *The Healer's Manual*; *Animal-Speak, How to See Read the Aura*; *Enchantment of the Faerie Realm*; *Crystal Balls Crystal Bowls*; *How to Uncover Your Past Lives*; *How to Heal with Color*; *Sacred Sounds*; *Simplified Qabala Magic*; and many other New Age titles. He passed away on October 24, 2009.