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Channelling: What it is and how to do it (English Edition)

Von Lita de Alberdi

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Von Lita de Alberdi : Channelling: What it is and how to do it (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Channelling: What it is and how to do it (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Packed with tips and advice for novice channelers.Von Midwest Book ReviewLita de Alberdi's Channeling provides an

essential 'how to' title for those who would channel spirits - one of the few books to teach the art of channeling. From working with guides and using psychic protection to conducting channeled readings, this is packed with tips.

Kurzbeschreibung Lita de Alberdi is a gifted spiritual teacher who has taught hundreds of people to channel their guides. In this accessible and practical book, she explains how you too can learn to contact and channel your own spiritual guide. Full of easy-to-follow meditations and exercises based on her successful courses, Channelling will enable you to: * Shift your awareness to an expanded state of consciousness* Work with guides and angels * Use psychic protection effectively* Channel to receive help with health and past-life issues* Conduct channelled readings for others * Understand the changes happening on Earth today* Enhance your confidence and creativity. Throughout the book, Lita de Alberdi includes channelled material from her own guides and answers the many questions that people ask. If you want to learn to channel successfully and safely, this is the book for you.

Werbetext Understand the phenomenon of channelling and contact your own spiritual guide Kurzbeschreibung Lita de Alberdi is a gifted spiritual teacher who has taught hundreds of people to channel their guides. In this accessible and practical book, she explains how you too can learn to contact and channel your own spiritual guide. Full of easy-to-follow meditations and exercises based on her successful courses, Channelling will enable you to: * Shift your awareness to an expanded state of consciousness* Work with guides and angels * Use psychic protection effectively* Channel to receive help with health and past-life issues* Conduct channelled readings for others * Understand the changes happening on Earth today* Enhance your confidence and creativity. Throughout the book, Lita de Alberdi includes channelled material from her own guides and answers the many questions that people ask. If you want to learn to channel successfully and safely, this is the book for you.