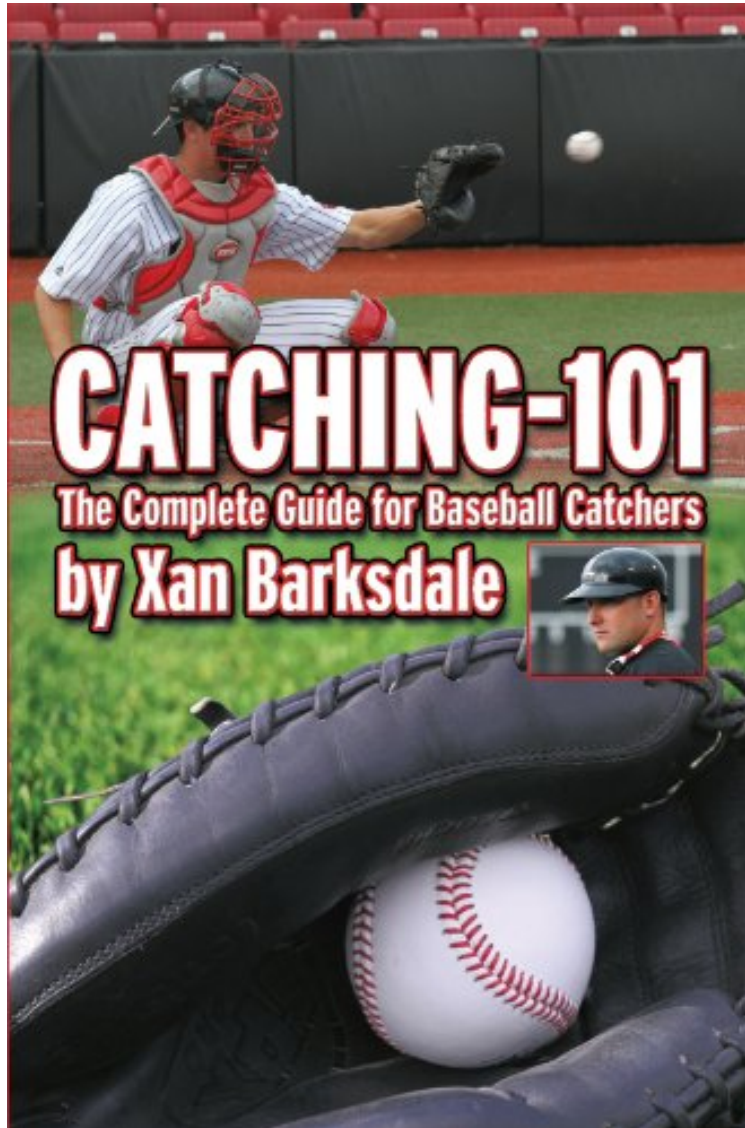


(Ebook free) CATCHING-101: The Complete Guide for Baseball Catchers (English Edition)

## CATCHING-101: The Complete Guide for Baseball Catchers (English Edition)

Von Xan Barksdale

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**Von Xan Barksdale : CATCHING-101: The Complete Guide for Baseball Catchers (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised CATCHING-101: The Complete Guide for Baseball Catchers (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Sehr hilfreich!Von Thomas WirthWer sich ein wenig mit Catching beschftigt, kommt um Xan nicht herum. Seine Seite

"Catching 101" und sein Youtube Channel sind so ziemlich die besten Quellen für jeden Catcher. Sein Buch ist da keine Ausnahme, geht noch mehr ins Detail und betrachtet jeden Aspekt des Catchens. Man kann es (Jung)-Catchern eigentlich nur empfehlen, es zumindest einmal aufmerksam gelesen zu haben.

Kurzbeschreibung CATCHING-101: The Complete Guide for Baseball Catchers is the most comprehensive book ever written for baseball catchers. It contains tips, drills, and proper mechanics that will help every catcher or coach better understand the most difficult position on the field. This book contains information on EVERY aspect of catching that Coach Barksdale has learned through his years of experience from coaching nationally ranked NCAA teams, and playing at almost every level from Little League to professional baseball. A few of the topics covered in CATCHING-101 are: Receiving Blocking Catching Pop Flies Throwing Fielding Bunts Plays at Home Plate Drills Pitchouts Pass Balls/Wild Pitches Giving Signals And More! If you have been searching for a source with lots of high quality information about catching, this is the book for you! CATCHING-101 was written by Coach Xan Barksdale who is currently an NCAA Division I baseball coach and an ex-professional baseball player. Coach Barksdale played in the Atlanta Braves organization and has been a featured speaker at the prestigious ABCA (American Baseball Coaches Association) national convention.

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