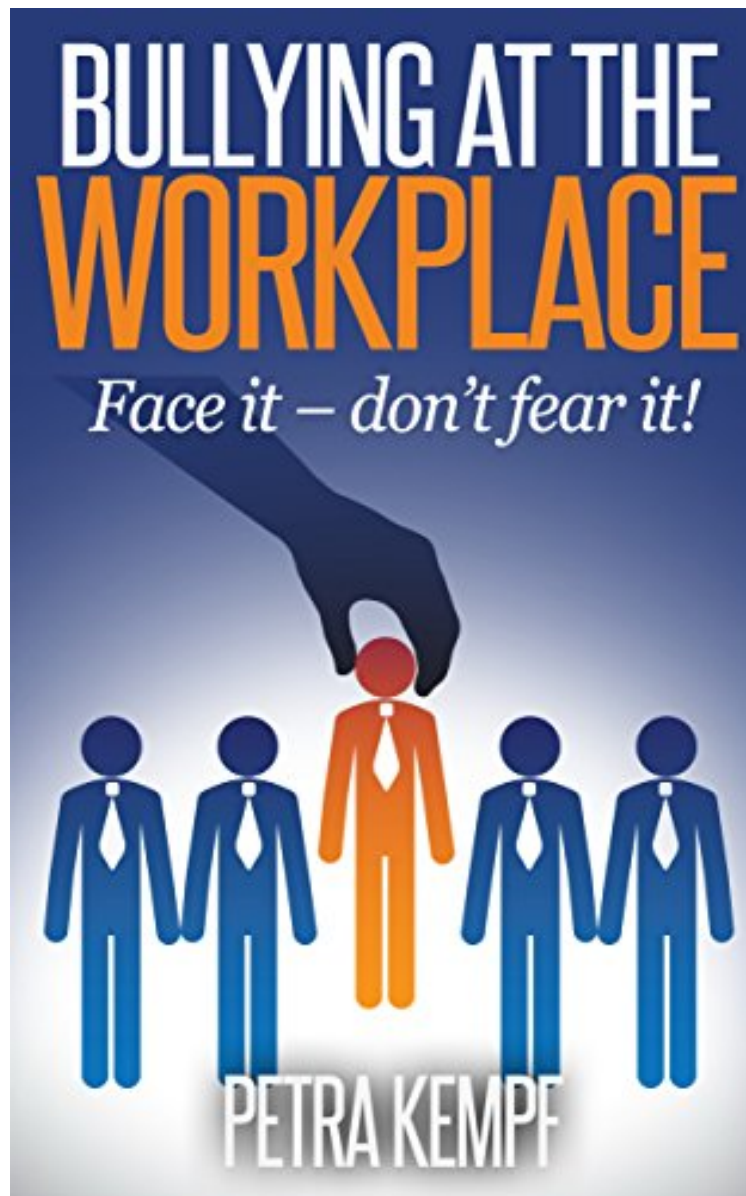


(Download) Bullying At The Workplace: Face it - dont fear it! (Milestones - Coaching for Body, Mind Soul Book 1) (English Edition)

## **Bullying At The Workplace: Face it - dont fear it! (Milestones - Coaching for Body, Mind Soul Book 1) (English Edition)**

*Von Petra Kempf*

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**Von Petra Kempf : Bullying At The Workplace: Face it - dont fear it! (Milestones - Coaching for Body, Mind Soul Book 1) (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Bullying At The Workplace: Face it - dont fear it! (Milestones - Coaching for Body, Mind Soul Book 1)

(English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. NUR ZU EMPFEHLEN! Bullying at the workplace - Mobbing am ArbeitsplatzVon KundeHabe mir durch diese Ausgabe sehr viel Inspiration holen können und kann es jedem weiterempfehlen, der sich in dieser Situation befindet!Dieses Buch gibt wertvolle Tipps aus neutraler Perspektive und die Hoffnung, dass sich viele Trends in unterschiedlichen beruflichen Bereichen öffnen, wenn man dafür bereit ist.Manchmal sind negative Situationen notwendig, um sich persönlich und beruflich zu verändern. Es ist zu raten, seine Energie positiv in neue Aspekte und Herausforderungen zu investieren.Würde es wieder kaufen!0 von 0 Kunden fanden die folgende Rezension hilfreich. Gute TippsVon KundeGutes Buch für alle Betroffenen und sehr hilfreich für diejenigen, die ihre Situation ändern möchten. Würde schnell, wenn es auch auf deutsch erscheinen würde.0 von 0 Kunden fanden die folgende Rezension hilfreich. Top Buch!Von Eva HardtSuper Buch! Würde es auch wieder kaufen! Nur zu empfehlen, rentiert sich wirklich! Ein Thema, das endlich mal angesprochen wird.

KurzbeschreibungGetting bullied can happen to anyone no matter what gender, race or age you are or which professional field you find yourself in. It can "find" you from one day to the other. That is why I wrote this book for you which provides you with tools on how to approach these unhealthy situations at your workplace. I also invite you to reflect on yourself and to realize and value the personal and professional development aspects resulting from having to face and deal with this kind of problem. You value - therefore, do not let your career, individual dedication and your commitment which you share and integrate at your work place get ruined by anybody. Remember, each crisis is a wonderful exercise on how to mature, grow and improve your own personal strength - in your private life as well as in your professional life. Step out of the victim role in which you find yourself at this very moment. Sometimes, it takes a lot of energy, courage, personal strength, persistence and perseverance to finally take the first step towards solving this problem. You can do itFace it - don't fear it!However, please, do not let your career, individual dedication and your commitment which you share and integrate at your work place get ruined by some perpetrator(s) not being at ease with themselves.Each crisis is a wonderful exercise on how to mature, grow and improve your own personal strength. Embrace problems as a challenge to overcome and not as a Stop Sign blocking your energy and affecting happiness and outlook on life. Step out of the victim role in which your harasser has tried to push you into or would like to see you at. Sometimes, it takes a lot of energy, courage, personal strength, persistence and perseverance to finally take the first step towards solving this problem. It might not be an easy move to make but you can do it.

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