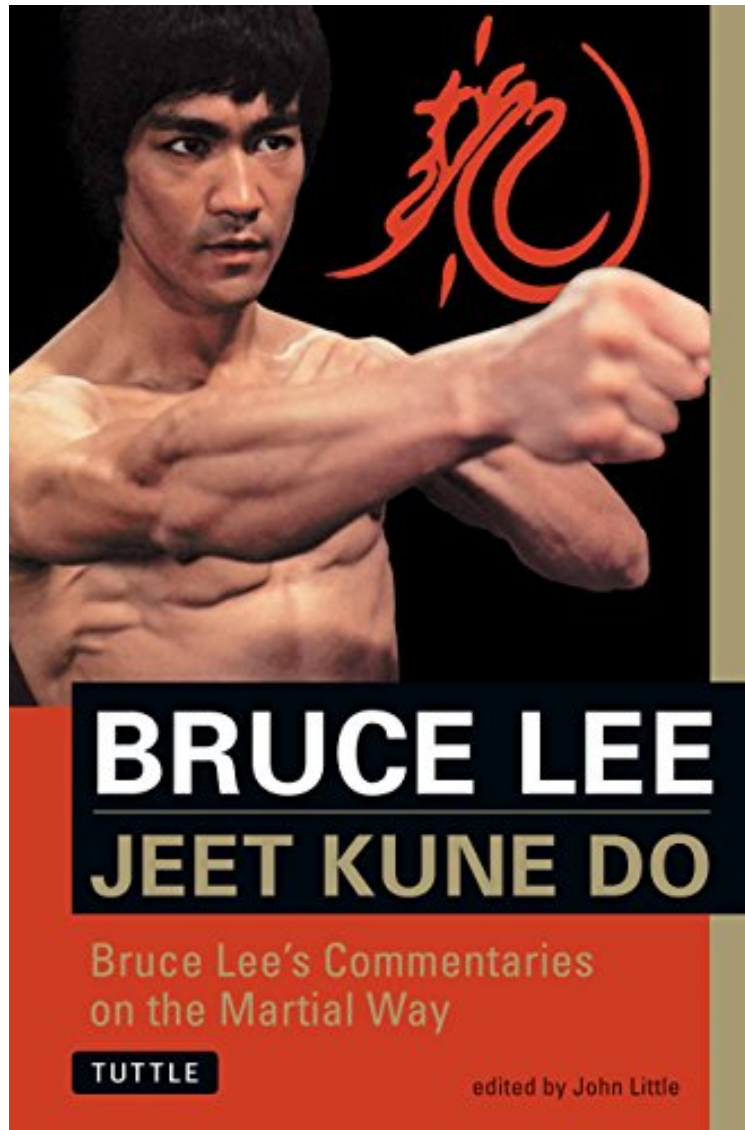


(Free pdf) Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library)

## Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library)

*Von Bruce Lee*

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**Von Bruce Lee : Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library):

KundenrezensionenHilfreichste Kundenrezensionen8 von 9 Kunden fanden die folgende Rezension hilfreich. Bruce Lees Jeet Kune Do vollstndig in einem Band!Von Ein KundeAls Bruce Lee 1970 beim Training seinen Rcken

verletzte, war er zu völliger Bettruhe gezwungen. Anstatt sich auszuruhen und sich für eine gewisse Zeit nicht mehr mit der Kampfkunst zu beschäftigen, tat er genau das Gegenteil: er las und studierte aus einer Unmenge von Büchern zu Themen, wie z.B. fernöstliche Philosophie oder (westliche) Psychologie und entwickelte und formulierte daraus seine eigenen Ansichten zu der Einheit von Kampfkunst und Leben allgemein. Die Ergebnisse seiner Überlegungen, Ideen und Meinungen zum waffenlosen Kampf und dessen Einflüsse auf die Lebensweise schrieb er in (soweit bekannt) sieben DIN A4 Kladden nieder. Einige Auszüge aus diesen Materialien sind bereits 1975 in dem Buch "Bruce Lees Jeet Kune Do" veröffentlicht worden. In "Jeet Kune Do - Bruce Lee's commentaries on the martial way" liegt nun das restliche Material vor. Dieser dritte Band aus der "Bruce Lee Library" kann definitiv als eine vollständige Präsentation von Bruce Lees selbstentwickelter Kampfkunst Jeet Kune Do angesehen werden. Deren Prinzipien, Haupttechniken und Unterrichtspläne werden hier in Bruce Lees eigenen Worten und Zeichnungen vorgestellt. Selbstverständlich enthält auch dieser Band eine Fülle von bisher unveröffentlichten Bruce Lee Aufnahmen. Es ist ein Verdienst von dem Herausgeber John Little, da dieses Buch sehr übersichtlich geschrieben worden ist und man so dem Inhalt sehr gut folgen kann. Da jedes Kapitel fast für sich allein steht, kann man sich auch die Reihenfolge des Lesens aussuchen. Dieses Buch spiegelt Bruce Lees eigene Entwicklung als Mensch wider und nicht nur als Kampfkünstler, der seine Kommentare über Schläge oder Tritte niederschreibt. Jeder, der nur im entferntesten etwas mit Kampfkunst zu tun hat (egal aus welchem Stil) sollte auf dieses Werk nicht verzichten. (Dies ist eine .de an der Uni-Studentenrezension.)

2 von 2 Kunden fanden die folgende Rezension hilfreich. JEET KUNE DO -- THE WAY IT WAS MEANT TO BE PRESENTED Von Grant Reynolds "JEET KUNE DO: Bruce Lee's Commentaries on the Martial Way" is THE definitive book on Bruce Lee's martial art. John Little has done a superlative job of locating, formatting, editing and presenting Bruce Lee's writings in a manner that is comprehensible, informative and inspiring. In many ways this book far surpasses "The Tao of Jeet Kune Do" which, in comparison, looks to be so many of Bruce's notes simply tossed into a stew. This book presents Bruce Lee's writings and sketches on his art of Jeet Kune Do in an organized and comprehensive manner -- much like Bruce Lee presented it himself when he created his art in 1967. This book is, quite simply, the best book on Jeet Kune Do ever written. But then, that shouldn't be surprising -- it was written by Bruce Lee.

2 von 2 Kunden fanden die folgende Rezension hilfreich. it's a good book but a confusing read. Von Ein Kunde I found this book to contain decent information regarding Bruce's method(s) for effective fighting. The thoughts contained are not complete, often they resemble simple lists or phrases without thorough explanation. The way in which this book is organized is very similar to the Tao of Jeet Kune Do, by Bruce himself. It could be stated that the information in this book is decent information; it just needs to be weeded out. Plan on spending a little more time studying this book than you would on a "typical" martial arts book.

**Kurzbeschreibung** Compiled from Bruce Lee's own notes and writings, Bruce Lee Jeet Kune Do is the seminal book presenting the martial art created by Bruce Lee himself. Jeet Kune Do was a revolutionary new approach to the martial arts in its time and is the principal reason why Bruce Lee is revered as a pioneer by martial artists today, many decades after his death. The development of his unique martial art formits principles, core techniques, and lesson plans are all presented in this book in Bruce Lee's own words and notes. This is the complete and official version of Jeet Kune Do which was originally published by Tuttle Publishing in cooperation with the Lee family in 1997. It is still the most comprehensive presentation of Jeet Kune Do available. This Jeet Kune Do book features Lee's illustrative sketches and his remarkable notes and commentaries on the nature of combat and achieving success in life through the martial arts, as well as the importance of a positive mental attitude during training. In addition, there are a series of "Questions Every Martial Artist Must Ask Himself" that Lee posed to himself and intended to explore as part of his own development, but never lived to complete. Bruce Lee Jeet Kune Do is the book every Bruce Lee fan must have in his collection. This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: Striking Thoughts Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Pressestimmen "Bruce Lee's long awaited magnum opus in his art of jeet kune do has finally arrived! An instant classic!" -- "Inside Kung-Fu" "Bruce Lee's long awaited magnum opus in his art of jeet kune do has finally arrived! An instant classic!" -- Inside Kung-Fu magazine "The Bruce Lee Library stands as the definitive presentation of Bruce Lee's magnificent legacy. Each volume belongs on the bookshelf of every serious martial artist." -- Jun Fan Jeet Kune Do Nucleus "I sincerely hope you enjoy reading the ideas about unarmed combat that were important to Bruce Lee. For the discriminating thinker, welcome to a world of insights that will change your life." -- Linda Lee Cadwell "This book is your road map to an exciting journey of self-knowledge. It has value in being a guidepost to help you in the process of your own personal development." -- Ted Wong, from his Foreword "Lee goes further into the mechanics of the brand of Gung Fu he practiced in Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way, which also includes more than 100 illustrations." -- Publishers Weekly - Bruce Lee's long awaited magnum opus in his art of jeet kune do has finally arrived! An instant classic! -- Inside Kung-Fu magazine - The Bruce Lee Library stands as the definitive presentation of

Bruce Lee's magnificent legacy. Each volume belongs on the bookshelf of every serious martial artist.- --Jun Fan Jeet Kune Do Nucleus-I sincerely hope you enjoy reading the ideas about unarmed combat that were important to Bruce Lee. For the discriminating thinker, welcome to a world of insights that will change your life.- --Linda Lee Cadwell- This book is your road map to an exciting journey of self-knowledge. It has value in being a guidepost to help you in the process of your own personal development.- --Ted Wong, from his Foreword-Lee goes further into the mechanics of the brand of Gung Fu he practiced in Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way, which also includes more than 100 illustrations.- --Publishers Weekly

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