

(Online library) Bride's Guide to Emotional Survival (English Edition)

Bride's Guide to Emotional Survival (English Edition)

Von Rita Bigel-Casher
ePub | *DOC | audiobook | ebooks | Download PDF



 Download

 Read Online

Produktinformation Verffentlicht am: 2003-09-01Erscheinungsdatum: 2003-09-01File Name: B003FSU716
| File size: 63.Mb

Von Rita Bigel-Casher : Bride's Guide to Emotional Survival (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Bride's Guide to Emotional Survival (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Forget the wedding planners-this is a must read!Von snaceyEveryone talks about the stress engaged couples experience during the wedding planning process but this is the only book that explains why wedding planning can be so difficult.

The author delivers practical, easy to use strategies to keep all participants happy while allowing the engaged couple to enjoy the process. Particularly helpful for couples coping with difficult families or second marriages.

Kurzbeschreibung "Forget Prozac, avoid Valium. This book is true preventive medicine." - Dr. Lila Nachtigal, author of What Every Woman Should Know New York University Medical School Professor. DON'T WORRY, YOU'LL GET THROUGH THIS! You want it to be the wedding you've always dreamed of: a sunny day, a beautiful dress, a gorgeous cake, and a chapel filled with flowers, friends, family, and the one you love. But how do you get there when your mom is miffed, your fianc feels left out, your bridesmaid isn't speaking to you, and your future in-laws want to bring their grandkids. Dr. Rita Bigel-Casher LCSW, PhD is an author and licensed psychotherapist, Marriage Family Therapist who has worked with Individuals, Couples, and Groups for over 25 years in her own practice in New York City, on the phone and SKYPE. She is also the author of the app, Brides Emotional Survival Guide. Please visit her website for more information: www.RitaCanHelp.com Dr. Rita has all the answers. This enthusiastically upbeat and enlightening book is a great help to any bride-to-be, and full of practical solutions before, during and after the wedding. "The perfect shower gift... This book should be required reading for every bride and groom!" - Patricia Love, EdD, co-author of Hot Monogomy "A must-book for any bride-to-be. Invaluable tips on problems most brides never anticipate, and I don't mean the wedding-planning." - Emily Koltnow, author Congratulations You're Fired! Pressestimmen "A must for any bride-to-be. Invaluable tips on problems most brides never anticipate, and I don't mean the wedding plans!" Emily Koltnow, president of WIN Workshops and author of Congratulations, You're Fired! Kurzbeschreibung "Forget Prozac, avoid Valium. This book is true preventive medicine." - Dr. Lila Nachtigal, author of What Every Woman Should Know New York University Medical School Professor. DON'T WORRY, YOU'LL GET THROUGH THIS! You want it to be the wedding you've always dreamed of: a sunny day, a beautiful dress, a gorgeous cake, and a chapel filled with flowers, friends, family, and the one you love. But how do you get there when your mom is miffed, your fianc feels left out, your bridesmaid isn't speaking to you, and your future in-laws want to bring their grandkids. Dr. Rita Bigel-Casher LCSW, PhD is an author and licensed psychotherapist, Marriage Family Therapist who has worked with Individuals, Couples, and Groups for over 25 years in her own practice in New York City, on the phone and SKYPE. She is also the author of the app, Brides Emotional Survival Guide. Please visit her website for more information: www.RitaCanHelp.com Dr. Rita has all the answers. This enthusiastically upbeat and enlightening book is a great help to any bride-to-be, and full of practical solutions before, during and after the wedding. "The perfect shower gift... This book should be required reading for every bride and groom!" - Patricia Love, EdD, co-author of Hot Monogomy "A must-book for any bride-to-be. Invaluable tips on problems most brides never anticipate, and I don't mean the wedding-planning." - Emily Koltnow, author Congratulations You're Fired!