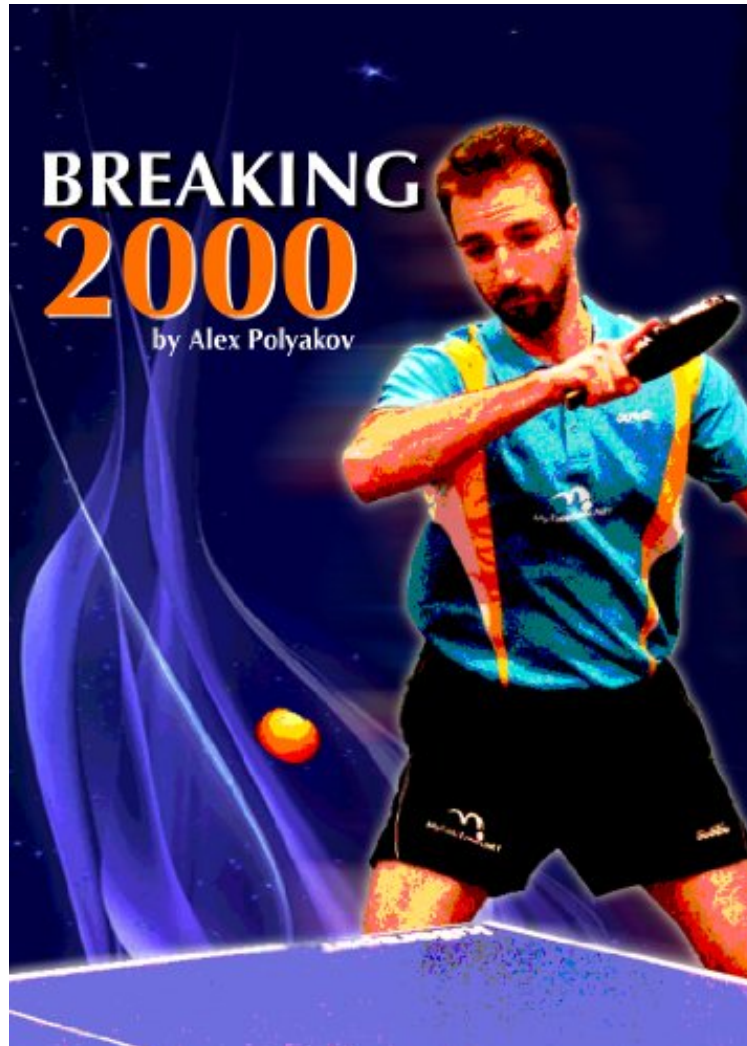


[Mobile book] Breaking 2000 (English Edition)

Breaking 2000 (English Edition)

Von Alex Polyakov

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Von Alex Polyakov : Breaking 2000 (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Breaking 2000 (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. 3 an a half starsVon Pramod SrivastavaI liked this book overall but felt that it was lacking in some aspects. I felt that the second half of the book was a bit better as the author gave more insight on how he approached Table tennis.I felt that the first half was a bit dry and forgettable with too many matches being described and that it read more like a diary.I wish that the author went into more detail about his motivation behind table tennis and why he was so driven. Beginners normally don't hire a personal coach and attend multiple clubs. I think that he did a better job of talking about this aspect on the podcast with Ben LarcombeI personally like every minute of training (even Multiball :-D) but

I only train twice a week at the same club in Germany and sometimes very lightly as Table tennis is after all a hobby and I won't make a living playing TT. I was naturally curious as to why the author was so serious about improving his game and how he juggled his life around it. Naturally one does not have to go into too much detail here but I liked how Sam Priestly described these aspects in this book. The tips are very good and the book was overall interesting which is why it gets a good rating from me despite my criticism :-)

Kurzbeschreibung The book guides a reader through one player's quest to break the magic mark of United States Table Tennis Association ranking of 2000. It describes the challenges faced in the process, the details of the training, and the experience gained in tournament matches. This book outlines the steps and provides invaluable information that would help an aspiring player to achieve the same goal.

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ber den Autor und weitere Mitwirkende Alex Polyakov is a former principal engineer of Moonlight Cordless, a software project management tool used in digital video processing. Vitaly Brusentsev is an expert in workflow automation systems, a developer of mathematical models for metal-processing technologies, and a creator of algorithmic libraries for the graphical representation of experimental results using color gradients and 3D images. His articles have appeared in "RSDN Magazine,"