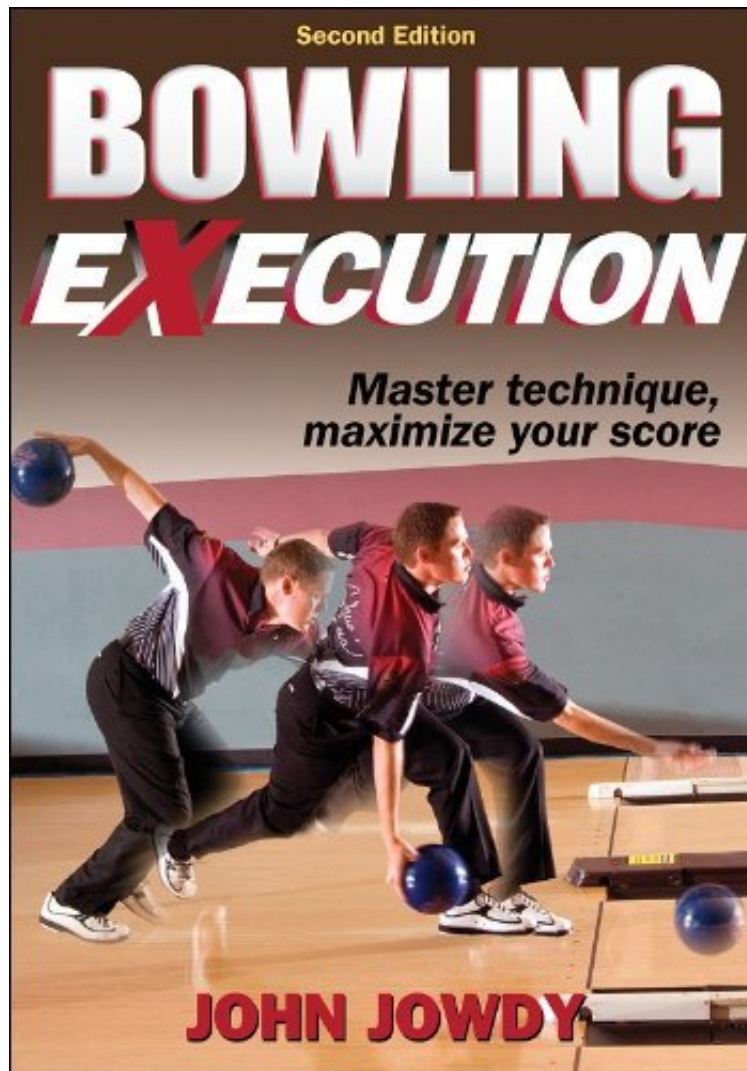


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Bowling Execution - 2nd Edition

Von John Jowdy

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Von John Jowdy : Bowling Execution - 2nd Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised Bowling Execution - 2nd Edition:

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich. Bowling eXecutionVon Helmut HerrmannTrainerlegende John Jowdy vermittelt in diesem Buch einige sehr hilfreiche Tipps fr ambitionierte Bowler. Natrlich ersetzt das Lesen keine reale Trainerstunde mit eingehender Spielanalyse, aber getreu dem Motto, "man kann nie zu viel ber Bowling wissen, so lange man nicht whrend des Wurfes darber nachdenkt", erwirbt man mit diesem Buch das ntige Rstzeug, um Fehler schneller an sich zu entdecken und leichter zu verstehen, was mit dem eigenen Spiel stimmt oder eben nicht. Gute Englischkenntnisse sollte man allerdings schon haben. Aber

auf Deutsch ist ja leider keine Bowlingliteratur zu finden, die sich für fortgeschrittene Spieler eignet.

KurzbeschreibungThe sport's definitive work, from the game's master instructor. In *Bowling Execution*, legend and PBA Hall of Fame coach John Jowdy shares his expertise on every aspect of the sport, from developing skills to refining techniques for improved consistency. *Bowling Execution* will show you how to improve each phase of your shot, from stance to follow-through; increase the accuracy of your hook; incorporate the free arm swing for smoother mechanics; generate more power behind your shot to create greater pin action; analyze lane conditions and adjust your game accordingly; and develop strategies for achieving your personal best. Whether your style is power or finesse, *Bowling Execution* will raise your game and your scores. It's the bowling resource you will turn to again and again.

Pressestimmen"I believe bowlers everywhere will want to buy this book. John Jowdy helped me achieve hall of fame status in bowling; now what I learned from John is in print for all bowlers to learn." Mike Aulby, 27-time PBA champion and ABC and PBA Hall of Fame member ""John Jowdy takes the complex game of bowling and puts it in an understandable format that no doubt will help all bowlers. When even I had a problem with my game, I trusted the eyes of John Jowdy to help me put my game back on the proper course. John Jowdy takes his experience as an accomplished player and as the coach of many of the current and former greats of the pro tour and puts it into a book that is not only informative but also interesting and fun to read."" Marshall D. Holman, PBA Hall of Fame member and former television analyst for the PBA on ESPN "Having worked with John Jowdy for a number of years, I think it's great that he has finally put his teaching philosophies into a book. John always tries to keep things simple and work with each person's strengths." Nikki Gianulias, Women's Professional Bowling Hall of Fame member, Women's International Bowling Congress Hall of Fame member "If you are looking to get to the next level, then this book is for you. John Jowdy is one of the best coaches the PBA Tour has ever known. His correlations between what you should do and who have accomplished these feats is unparalleled in any other book on bowling." Parker Bohn III, 1999 PBA Player of the Year

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