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Bode: Go Fast, Be Good, Have Fun

Von Bode Miller

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Von Bode Miller : Bode: Go Fast, Be Good, Have Fun before purchasing it in order to gage whether or not it would be worth my time, and all praised Bode: Go Fast, Be Good, Have Fun:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.
Skifahren mit Carving SkiernVon ADM200Dieses Buch von Bode Miller gibt einen sehr Guten Einblick in was Bode

zu der Entwicklung von Carving-Skiern beigetragen hat.

Kurzbeschreibung I dont master the mountain, I master speed. Coming from Bode Miller, this isnt boasting, its just the way he lives: fast, honest, and wide open. In this candid book, the two-time Olympic medalist and champion skier shares his story, the secret of his success, and his philosophy of life. Born and raised off the grid without electricity or indoor plumbing in the cabin built by his father in the woods near Franconia, New Hampshire (pop. 850), Bode is unconventional to the core. The strong values of his simple upbringing, where he and his family had to invent, grow, or carry in all the essentials have made Bode unique among todays top sports stars. Bodes approach to life is straightforward: Get a plan, stick to it, and trust your instincts . . . and almost anything is possible. And practically since birth, the iconoclastic Bode has been achieving the impossible and laying down tracks for others to follow. He revolutionized his sport by adopting new and crossover technologies, such as shape skis. He drives his tradition-bound European rivals to distraction, skiing and winning by instinct. His outsider status, killer smile, and outspoken yet laid-back persona have earned him a reputation as the Michael Jordan of skiing. Mens Journal named Bode the second greatest athlete in the world. And in the 2005 season, Bode may have moved up a notch by becoming the first American to win the Overall World Cup Alpine championship in twenty-two years. In short, he is the kind of person everybody wants to know and hang out with. In a book loaded with insight, good humor, and eye-opening stories about the world of competitive skiing, Bode, as always, holds nothing back. From the Hardcover edition.

From Booklist How did a homeschooled rural boy become the coolest guy on skis? This as-told-to biography of Bode Miller, downhill skiing Olympic medalist and X-Games trailblazer, tells the story. Both Bode and coauthor McEnany hail from the hills of New Hampshire, where Bode won his first race at age 10 and where he grew up with parents who combined a traditional belief in family with a hippie lifestyle (living in a cabin without indoor plumbing or electricity) and a commitment to individualism and self--exploration. What resulted, remarkably, was a driven athlete with a philosophical streak: "Here's my small bit," Bode offers, after having survived a rough patch in his career: "Everything you need to succeed is inside your head. Listen to yourself." Bode's success on the slopes and his centered approach to life belie the stereotype that associates Gen Xers with aimlessness. More substantive than most sports bios. Mary Frances Wilkens Copyright American Library Association. All rights reserved

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