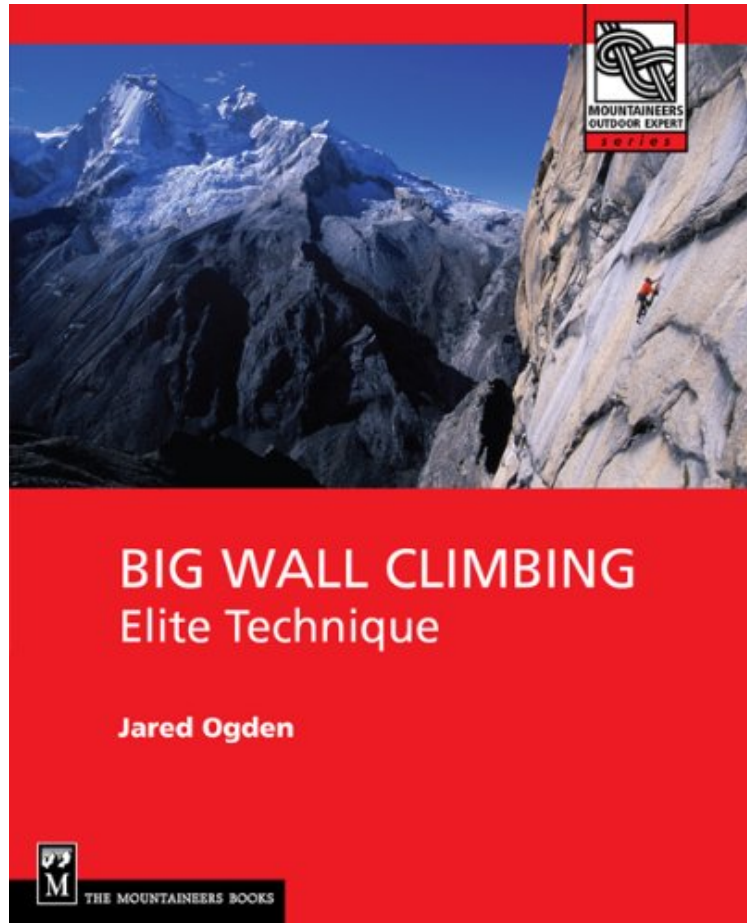


[Download pdf] Big Wall Climbing (Mountaineering Outdoor Experts Series)

Big Wall Climbing (Mountaineering Outdoor Experts Series)

Von Jared Ogden

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Von Jared Ogden : Big Wall Climbing (Mountaineering Outdoor Experts Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Big Wall Climbing (Mountaineering Outdoor Experts Series):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Wissen aus der Praxis, nicht nur aus KursenVon XXXDer Spanish Burton allein ist das Geld fr's Buch wert.Hier schreibt jemand, der alles, was er beschreibt, im echten Leben erlernt hat, und nicht in Kursen, um dann mit irgendeinem Zertifikat 'rumwedeln zu knnen.

Kurzbeschreibung* Skills and strategies unique to big walls-illustrated in full color * Includes modern speed and free climbing tactics that have revolutionized wall climbing * Key training exercises (practiced near the ground) and real

life examples reinforce instruction Dangling sweaty-palmed from a 3000-foot cliff for days on end, Jared Ogden taught himself to climb his first big wall by trial and error. Why should you have to do the same? Ogden, who has climbed El Capitan's Nose in less than twenty-four hours, wants to jump-start your education. Whether you're a weekend warrior or a full-on wall addict, you'll learn the tools of the trade and how to use them; different leading and hauling scenarios and why some are better suited than others; multiple following set-ups for different terrain; how to choose your partners and routes; staying on route; how to live on a wall; the steps involved in doing first ascents; big wall style and ethics; and more. Ogden will have you racked and ready for prime big wall climbing destinations in North America including Yosemite, Zion, Rocky Mountain, and the Black Canyon of Gunnison National Parks; the Alaskan Range; and the Bugaboos of British Columbia. Jared Ogden has transformed his style from aiding up the alpine walls of the Trango Towers in Pakistan to free climbing the hardest routes in the Black Canyon of Gunnison National Park. His instructional writing and photography have appeared in Climbing magazine, Rock Ice, Outside, and other publications. Kurzbeschreibung* Skills and strategies unique to big walls-illustrated in full color * Includes modern speed and free climbing tactics that have revolutionized wall climbing * Key training exercises (practiced near the ground) and real life examples reinforce instruction Dangling sweaty-palmed from a 3000-foot cliff for days on end, Jared Ogden taught himself to climb his first big wall by trial and error. Why should you have to do the same? Ogden, who has climbed El Capitan's Nose in less than twenty-four hours, wants to jump-start your education. Whether you're a weekend warrior or a full-on wall addict, you'll learn the tools of the trade and how to use them; different leading and hauling scenarios and why some are better suited than others; multiple following set-ups for different terrain; how to choose your partners and routes; staying on route; how to live on a wall; the steps involved in doing first ascents; big wall style and ethics; and more. Ogden will have you racked and ready for prime big wall climbing destinations in North America including Yosemite, Zion, Rocky Mountain, and the Black Canyon of Gunnison National Parks; the Alaskan Range; and the Bugaboos of British Columbia. Jared Ogden has transformed his style from aiding up the alpine walls of the Trango Towers in Pakistan to free climbing the hardest routes in the Black Canyon of Gunnison National Park. His instructional writing and photography have appeared in Climbing magazine, Rock Ice, Outside, and other publications. Synopsis Whether you're a weekend warrior or a full-on wall addict, you'll learn the tools of the trade and how to use them; different leading and hauling scenarios and why some are better suited than others; multiple following set-ups for different terrain; how to choose your partners and routes; and more